

ACTIVITIES OF CHURCH PARK ANGLO-INDIAN TEACHER TRAINING INSTITUTE, CHENNAI 6 2019-2020

- *submitted by the teacher trainees*

The academic year 2019-2020 was filled with various activities, seminars, workshops and input sessions arranged by the management. These activities have taught us important values and things needed in life as teachers.

Investiture:

Investiture is an occasion where we are designated various responsibilities. Seeking God's blessings, the captains took their oath and promised to do their best towards the betterment of the institution. A short motivational skit was dramatized on the theme leadership. We were given an inspirational speech which motivated us to serve and to be served.



Teaching practice:



Our observation of classes, project work and teaching practice has moulded us and we realised the essence of teaching with innovative and colourful Teaching Aids.



Yoga:

A 26 days of yoga for an hour every Saturday was organized which helped us to concentrate better, increase pain tolerance, improve our immune system and also taught on how to keep oneself healthy and to have a disciplined mind.



Sports day:

The much awaited sports day was held on 10th of August in our Sports Field with great excitement. All of us took part in various events which helped us to work together and build up team spirit in whatever we do.

Seminars:

Seminars helped us to have a reality check. The seminar on Domestic Violence taught us to fight for our rights as well as for what is right. Madam Pongudi gave us so many illustrations and perspectives of the world, which made us understand that it is in our hands to walk in the right way.



We also had a seminar on Leprosy. The doctor clearly explained about the causes and means through which leprosy spreads. He also spoke about the eradication and prevention of this disease. It was very informative and helpful to us.



Workshops:

During the academic year we had the Art and TLM workshops. And during these workshops our art teacher taught us so many innovative and beautiful teaching Aids and art and craft things which helped us make beautiful Teaching Aids for our teaching practice. We were patiently taught how to paint, to make models, to write different types of fonts and so many things which will be very helpful in future. The things we learnt during these workshops will stay with us throughout our lives.



Science week:

Science is a subject which makes us feel more active and alive. Adding to it the experiments and the models make us more energetic. So to motivate us our management organized the science week. We had the Science lab filled with experiments and models. During this Science week we learnt many experiments, we saw many specimens, acids and equipment which we needed in conducting Science experiments and the most important part was when we did the experiments by ourselves. It was interesting to learn many things.



Field Trip:

The word Field Trip gave us immense joy and happiness. The places for our field trip were Children's park and Birla Planetarium. We were so excited about the trip. We started our journey with a powerful prayer. We all sang songs in the bus and reached our first destination which was the planetarium. We watched an informative show on our solar system. After that we went around the museum and saw so many things. We had our lunch and moved to our next stop which was the Children's Park. We enjoyed a lot and saw so many kinds of animals and birds. After that we went back to our institution with the satisfaction of having a first-hand experience.



Guides camp:

A week of guides camp life is worth than six months of Theoretical teaching. With this positive note we started the day with full energy and enthusiasm. The guides camp was conducted by the Bharat Scouts and Guides National Training Centre. We were grouped into 3. We had the flag hoisting ceremony, the camp fire and so many competitions which taught us things which will be used for a life time. The most interesting activities were, we learnt how to construct a tent, save an injured person and how to tie different knots. During these 3 days of our camp, we experienced the life of a guide.

Road Safety Patrol:

Having knowledge about Road safety is useful for us as well as others. And we trainees had this wonderful opportunity to know more about RSP. Our Chief Guest gave us an excellent seminar about



Road safety and its demerits on following the Road Safety rules. He also conducted a Quiz program and the winners were rewarded. We had



competitions like essay writing, poster making, enactment on road safety and Slogan writing. These competitions were both enjoyable and educative. Through this we realised the importance of road safety and its ill effects when we don't follow them.



Medical Camp:

Health should always be our priority. So our management arranged a medical camp for us. We were checked by the doctors who were experts. Through this camp we got to know the importance of health and hygiene.

Retreats:

Retreats connect ourselves with God. We had a retreat conducted by Father Altan. He shared such a powerful message about love and faith in God. We were inspired by his message. Then we had a beautiful Adoration session. For confession we had two fathers. We realized that problems come in many ways, but we should have faith in God.

Cultural Programmes:

Cultural Programmes, like Independence Day Celebrations, Republic Day, Onam, Diwali, etc., helped us to develop the qualities needed for life. And during this academic year we had many cultural programmes. We also celebrated the Tree Plantation Day by planting a few saplings in our campus.



Presentation day:

Presentation day was one of a class performed a beautiful had invited the sisters from the story of our founder Nano beautifully. We enacted the life struggles she had faced. We had during the drama, melodious



the best gathering we had. We as assembly on presentation day. We convent to share the joy and life Nagle. The hall was decorated story of Nano Nagle and the beautiful background music songs sung by the choir and dance

too. We enjoyed the program thoroughly. Our teachers and sisters were very happy. We concluded the assembly by reading the Word of God.

Christmas Program:



It's Christmas in the heart that puts Christmas in the air. And our Christmas celebration at Church Park was really an enjoyable one. We set up the crib and decorated the hall. We began the celebration of Advent by lighting up the colourful candles in the respective weeks. We all practiced a lot for the Christmas Program. We enacted the Birth of Jesus. The choir sang beautiful and melodious songs which filled our hearts with joy. We had Christmas and Christmas child. It was so exciting. The Christmas dinner with our presentation sisters was wonderful as we sang Carols and had so much fun.

NSS Camp:

We were given an opportunity to visit the Home for the Aged in Mylapore and Royapettah, School for the differently abled children, Slums of Royapettah and Cleaning the Marina beach. We felt moved to listen to the less fortunate, to be empathetic and to reach out to them in their needs.

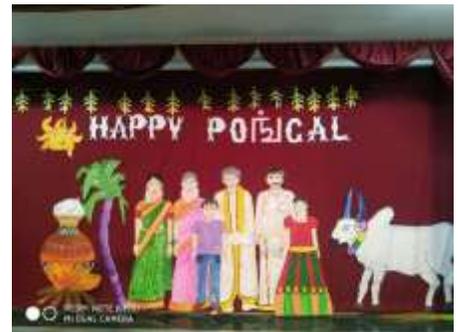


Child Safeguarding Annual spot checking:

Sr. Rosemary and Dr. Yamini, who are in-charge of the Child Safeguarding came for Spot Checking, which gave us an opportunity to express our challenges in our day-to-day life, especially in the hostel. The student council was trusted with different responsibilities to see to the smooth functioning of the hostel.

Pongal Celebration:

Our Pongal program was held on January 14th. We had enacted a skit in which a family goes to their native place and learn about the real essence of pongal. The skit was very informative as we learnt about the interesting facts about it. We also had the villupattu which we all enjoyed a lot.



Through these programmes we learnt many qualities like co-operation, sharing, helping, patience, love, etc. It also made us realise our responsibilities and duties.

From the bottom of our hearts we would like to thank all our sisters and teachers for giving us these beautiful opportunities to mould ourselves into beautiful humans and the best teachers for the future generations. Thank you.